



CIOS

5th Biennial
Cochin International Orthopaedic Summit

Organised by
The Cochin Orthopaedic Society

Under the aegis of
Kerala Orthopaedic Association

2025

October
25th & 26th

Pre Conference
Cadaveric Workshop
23rd & 24th October

10TH Year of CIOS Event Highlights

01 Hands-On Cadaveric Workshops

Dr. Lazar J Chandy Memorial Oration

02

03 Dr. A.A. John Gold Medal Competition

Cash Prizes for Videos & Posters

04

05 Challenge Experts in Stump the Masters

World-Class Entertainment at a 7-Star venue

06

Theme

"Dilemmas in
Orthopaedics"



Grand Hyatt
Kochi, Kerala



Message from the Organising Committee

"On behalf of the Cochin Orthopaedic Society and the Organising Committee, it is our great pleasure to invite you to the 5th biennial Cochin International Orthopaedic Summit (CIOS 2025), to be held at the Grand Hyatt Convention Centre in Kochi, Kerala, from 25th to 26th October 2025.

In this 10th year of CIOS, the theme chosen is "Dilemmas in Orthopaedics", where we will explore the wide array of challenges and complexities faced by orthopaedic surgeons across various sub-specialties, including Trauma, Arthroplasty, Arthroscopy, Tumour, Spine, Hand, Foot & Ankle. The conference promises an exciting and enriching academic program, featuring keynote lectures, panel discussions by eminent faculty, hands-on workshops, skills stations, Cadaveric workshops led by expert surgeons. This year we will start with Dr. Lazar J Chandy Memorial Oration by an eminent invited guest speaker, Dr AA John Gold medal competitive paper presentations, Video and Poster presentations for delegates to showcase their work and win cash prizes.

A standout feature of the event will be a series of short video sessions presented by distinguished faculty, offering valuable insights into various procedures and demonstrating how to perform them more accurately and effectively.

CIOS 2025 in Kochi will provide not only a remarkable learning experience but also a unique opportunity to rejuvenate, build valuable connections and immerse you in one of India's most captivating destinations. The city beautifully combines modern infrastructure with the peaceful charm of serene backwaters, a vibrant marina, and the rich cultural heritage of Fort Kochi.

For updates and further details, please visit our website at www.ciosonline.com. Please don't hesitate to contact us for any queries. We look forward to welcoming you to Kochi for an inspiring and memorable conference."

*~ Sincerely
Dr John T John,
Organising Chairman*

*Dr Jiss Joseph Panakkal,
Organising Secretary*



INTERNATIONAL FACULTY



DR ADRIAN LAU CHENG KIANG
SINGAPORE



DR NICOLE WILLIAMS
AUSTRALIA



DR JAIDEEP RAWAT
AUSTRALIA



DR SMITHA E MATHEW
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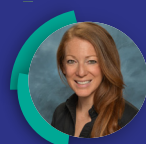
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MADRID SPAIN



DR ANDREJ TRAMPUZ
BERLIN, GERMANY



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DR VINEET JOHN KURISUNKAL
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Coimbatore

Dr Anil K Bhat
Mangalore

Dr Anil Thomas Oommen
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Prof Arun Mullaji
Mumbai

Dr Ashik Bary
Chennai

Dr Ayyappan V Nair
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Dr Rajeev Raman
Kolkata

Dr Rajkumar Amaravati
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Dr Rajkumar Natesan
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Delhi

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Dr Ajay Alex
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Dr Sujith Mathew Issac
Kottayam

Dr Thomas Angelo
Thiruvalla

Dr Tigy Thomas Jacob
Kottayam

Dr Tony Kavalakkat
Calicut

Dr Unnikrishnan J
Alappuzha

Dr Vishnu R Unnithan
Trivandrum

& More...

REGISTRATION TARIFF			
Conference Registration (include Conference Registration + Conference Kit + Banquet)			
	Early bird (Till 31st August)	1st Sept to 25th Sept	From 26th Sept
Consultants	9500 (incl.GST)	11,500 (incl.GST)	13,500 (incl.GST)
Post Graduates	6500 (incl.GST)	8500 (incl.GST)	10,500 (incl.GST)
Pre Conference Cadaveric Workshop (Conference Registration is mandatory)			
23rd October		24th October	
Basic Knee Arthroscopy	- 15,000/-	Knee Arthroplasty	- 15,000/-
Advanced Knee Arthroscopy	- 15,000/-	Shoulder Arthroplasty	- 15,000/-
Basic Shoulder Arthroscopy	- 15,000/-		
Advanced Shoulder Arthroscopy	- 15,000/-		
REGISTRATION TARIFF			
Extra Person Charges (include Conference Registration + Kit + 4 tea and snacks, 2 lunch + Banquet)			
	Early bird (Till 30st August)	1st Sept to 25th Sept	From 26th Sept
Accompanying person / Children above 6years	9500 (incl.GST)	11,500 (incl.GST)	13,500 (incl.GST)
Extra Banquet Coupon	3500 (incl.GST)	4000 (incl.GST)	4500 (incl.GST)
Bolgatty Residential Package (3days and 2 nights stay + Conference Registration + Kit + Banquet)			
Single Room	25,000 (incl.GST)	30,000 (incl.GST)	35,000 (incl.GST)
Twin Share	20,000 (incl.GST)	25,000 (incl.GST)	30,000 (incl.GST)
Charges for Extra Adult or Child should be paid directly to the Hotel			
Grand Hyatt Residential Package (3days and 2 nights stay + Conference Registration + Kit + Banquet)			
	Early bird (Till 31st August)	1st Sept to 25th Sept	From 26th Sept
Single Room	40,000 (incl.GST)	45,000 (incl.GST)	50,000 (incl.GST)
Twin Share	30,000 (incl.GST)	35,000 (incl.GST)	40,000 (incl.GST)
Charges for Extra Adult or Child should be paid directly to the Hotel			

PAYMENT THROUGH:

- 1) Scan the QR code given below
- 2) UPI id : thecochinorthopaedic.62468767@hdfcbank
- 3) Net banking / G pay using the Bank details given below
- 4) Via website www.ciosonline.com
- 5) To complete your registration Send your Full Name, Whatsapp no, Email, Hospital, Designation as PG / consultant (attach dated proof from working hospital for PG), Address, Transaction details to our Secretariat whatsapp +91 9048075999 / Email.

Name	The Cochin Orthopaedic Society
Acc.No	50200026866614
Bank	HDFC Bank, Kakkanad
IFSC	HDFC0000684



PRE CONFERENCE CADAVERIC WORKSHOP

Cochin Orthopaedic SocietyAcademy of Cadaver Training – COSACT
Anatomy Department, SNIMS , Chalaka, Ernakulam

ARTHROSCOPY

CADAVER 1

23rd OCTOBER 2025

CADAVER 2

8.15 - 12.00pm	MORNING SESSION	8.15 - 12.00pm	MORNING SESSION
8.15am	Reporting time for Morning session	8.15am	Reporting time for Morning session
8.30 -9.00am	Introduction	8.30 -9.00am	Introduction
9.00 - 12.00 pm	Workshop 1 - Basic Shoulder Arthroscopy	9.00 - 12.00 pm	Workshop 3 - Basic Shoulder Arthroscopy
9.00 - 12.00 pm	Workshop 2 - Basic Knee Arthroscopy	9.00 - 12.00 pm	Workshop 4 - Advanced Knee Arthroscopy
12.00pm	LUNCH	12.00pm	LUNCH
12.45 - 4.30pm	AFTERNOON SESSION	12.45 - 4.30pm	AFTERNOON SESSION
12.45pm	Reporting time for Afternoon sessions	12.45pm	Reporting time for Afternoon sessions
1.00 - 1.30 pm	Introduction	1.00 - 1.30 pm	Introduction
1.30- 4.30 pm	Workshop 5 - Advanced Shoulder Arthroscopy	1.30- 4.30 pm	Workshop 7 - Advanced Shoulder Arthroscopy
1.30- 4.30 pm	Workshop 6 - Basic Knee Arthroscopy	1.30- 4.30 pm	Workshop 8 - Basic Knee Arthroscopy

ARTHROPLASTY

CADAVER 1

24th OCTOBER 2025

CADAVER 2

8.15 - 12.00pm	MORNING SESSION	8.15 - 12.00pm	MORNING SESSION
8.15am	Reporting time for Morning session	8.15am	Reporting time for Morning session
8.30 -9.00am	Introduction	8.30 -9.00am	Introduction
9.00 - 12.00 pm	Workshop 9 - Shoulder Arthroplasty	9.00 - 12.00 pm	Workshop 11 - Shoulder Arthroplasty
9.00 - 12.00 pm	Workshop 10 - Basic Knee Arthroplasty	9.00 - 12.00 pm	Workshop 12 - Advanced Robotic Knee Arthroplasty
12.00pm	LUNCH	12.00pm	LUNCH
12.45 - 4.30pm	AFTERNOON SESSION	12.45 - 4.30pm	AFTERNOON SESSION
12.45pm	Reporting time for Afternoon sessions	12.45pm	Reporting time for Afternoon sessions
1.00 - 1.30 pm	Introduction	1.00 - 1.30 pm	Introduction
1.30- 4.30 pm	Workshop 13 - Shoulder Arthroplasty	1.30- 4.30 pm	Workshop 15 - Shoulder Arthroplasty
1.30- 4.30 pm	Workshop 14 - Basic Knee Arthroplasty	1.30- 4.30 pm	Workshop 16 - Basic Knee Arthroplasty

25th October	Conference Program List	Grand Hyatt
	Hall A	
8.30am - 9.30am	FREE PAPER SESSION	
09.30am - 12.00pm	UPPER LIMB TRAUMA SESSION	
09.30 - 10.15am	Session 1 Chairpersons - Dr Ajay Kumar, Dr Sanjeev Bhaskar	
09:30 - 09:36am	Scapular body fractures to operate or not ?	Dr Shankar Sanu
09:37 - 09:43am	Complex Lateral end clavicle fractures - Management option	Dr Khayas Omer Kunheen
09:44 - 09:50am	Type 3 AC joint injury - Dilemma in Rx	Dr Jipin Gopi
09:51 - 09:54am	Q&A	All Faculty
09.55 - 10.15am	Panel discussion - AC joint injuries	Dr Deepti Nandan Reddy
	Panelists - Dr Appu Benny Thomas, Dr Shankar S, Dr Chandrababu K K	
10.16 - 11.00am	Session 2 Chairpersons - Dr Anoob Rc, Dr Nikhil J Martin, Dr Muralikrishnan N	
10:16 - 10:21am	Soft tissue handling in Proximal humerus fractures	Dr Tigy Thomas Jacob
10:22 - 10:28am	Nightmare in OT : Tackling fracture dislocation in Proximal humerus	
10:29 - 10:35am	Dilemma : Salvage vs Replace in Complex proximal humerus fractures	Dr M Ajith Kumar
10.35 - 10.39am	Q&A	All Faculty
10.40 - 11.00am	Panel discussion - Proximal Humerus fractures	Prof. Dr. Vivek Trikha
	Panelists - Dr Sibin Surendran, Dr Tigy Thomas Jacob, Dr Lee Van Rensburg	
11.01 - 12.00pm	Session 3 Chairpersons - Dr Biju J Jacob, Dr Balu C Babu, Dr John Joseph	
11:01 - 11:07am	When and how to fix coronoid fractures?	Dr Sibin Surendran
11:08 - 11:14am	Boyd Interval for Trauma of the Elbow	Mr Lee Van Rensburg
11:15 - 11:21am	Nightmare in OT : Tackling fracture dislocations in Elbow	Mr Lee Van Rensburg
11:22 - 11:28am	Nightmare in OT : Tackling complex distal humerus intraarticular fractures	Dr John Mukhopadhaya
11:29 - 11:35am	Dilemma: Fix/Excise/Replace the radial head ?	Mr Lee Van Rensburg
11.35 -11.39am	Q&A	All Faculty
11:40 - 12:00pm	Panel Discussion : Complex elbow injuries	Mr Lee Van Rensburg
	Panelists - Dr John Mukhopadhaya, Prof. Dr. Vivek Trikha Dr Chandrababu K K	
12.00pm - 12.20pm	DR LAZAR J CHANDY MEMORIAL ORATION	Prof S Rajasekaran
	Panelists - Dr Chandrababu K K, Dr Raja Ram, Dr Bipin Theruvil	
12.20 -1.30pm	PELVIS ACETABULUM Chairpersons - Dr Saji P O Thomas, Dr Jose Thomas Pappanacherry, Dr Babu Joseph	
12.20pm -12.27pm	Criteria for approach selection in complex acetabular fractures	Prof. Dr. Vivek Trikha,
12.28pm-12.35pm	Management of combined pelviacetabular injuries	Dr Tony Kavalakkat
12.36pm-12.43pm	Acetabular fractures in Elderly- Fix or Replace	Dr Ramesh K Sen
12.44pm-12.51pm	Management of delayed presentation acetabular fractures	Dr Rajeev P B
12.52pm -13.00pm	Dicussion	All Faculty
13.00pm -13.30pm	My Nightmare Case- PelviAcetabular surgery	Prof Roman Pfeifer
1.30pm -2.00pm	LUNCH	
2.00pm - 4.00pm	HIP ARTHROPLASTY, Session 1:	
2.00 - 2.44pm	Chairpersons - Dr Murukan Babu, Dr Suraj GN, Dr Prasad Antapur	
2.00 - 2.07pm	DDH -The Importance of Hip Centre and How to achieve it	Dr Pradeep Punnoose
2.08 - 2.15pm	Whats new in treating PJI Hip	Dr Rajkumar Natesan
2.16 - 2.23pm	Arthroplasty in Post Acetabular Fractures	Dr Ramesh K Sen
2.24 - 2.31pm	Implications of Spinopelvic Dynamics options THR	Mr Krisztian Sisak
2.32 - 2.39pm	Revision Femur with Bone Loss	Dr Krishna Kiran
2.40 - 2.47pm	Leg length difference after hip replacement	Dr Prasad Antapur
02.47 - 02.51pm	Combined discussion	All Faculty
2.51 - 4.00pm	Session 2 Chairpersons - Dr Murukan Babu, Dr Suraj GN, Dr Prasad Antapur	
2.52 - 2.59pm	Case 1 Post OP Dislocation	Prof Douglas Dunlop
3.00 - 3.07pm	Case 2 Extreme difficulty in reduction	Dr Rajkumar Natesan
3.08 - 3.15pm	Case 3 Revision in failed PFN	Dr Anil Thomas Oommen
3.16 - 3.23pm	Case 4 Intra Operative Fracture in DAA	Prof Arun Mullaji
3.24 - 3.29pm	Combined Discussion	ALL Faculty
3.30 - 4.00pm	PANEL DISCUSSION - Panelists - Dr Arun Mullaji,	Dr Anil Thomas Oommen
	Dr Pradeep Punnoose, Dr Raj Kumar Natesan, Dr Ramesh Sen	

04.00pm - 6.00pm	KNEE ARTHROPLASTY Chairpersons - Dr Vinod Padmanabhan, Dr Bibu George, Dr Jikku Hanibal	
04.00 - 4.07pm	Managing bone defects during revision	Dr Raja Bhaskara R
04.08 - 4.15pm	Alignments in TKR - Any consensus ?	Dr Adrian Lau
04.16 - 4.23pm	From routine to remarkable: Using Robotic in every TKA	Dr Kelvin Tan
04.24 - 4.31pm	Medial Pivot Knee	Dr Jijo Jose
04.32 - 4.39pm	TKR in complex deformities - Tips and Tricks	Dr Sameer Ali P
04.40 - 4.47pm	Effects and sideeffects of NPPA in TKR Scenarios in India	Dr C Sugavanam
04.48 - 4.55pm	A review of 28years experience with UKR	Prof Arun Mullaji
04.55 - 5.15pm	Combined discussion	ALL FACULTY
05.15 - 06.00pm	STUMP THE MASTERS	Prof Arun Mullaji, Dr Rajkumar Natesan, Dr Anil Thomas Oommen
07.00pm	Inaugural Function & Confernce Banquet @ HALL A	

25 th October	Hall B	
9.30am - 12.00pm	UPPER LIMB ARTHROSCOPY SESSION	
09.30 - 10.00am	Session 1	
	Chairpersons - Dr Prathap Kumar, Dr Sujay Nathan, Dr Renjit John Mathew	
09.30 - 09.37am	Bankart plus procedures - when do you need to go beyond the box	Dr Ayyappan V Nair
09.38 - 09.45am	Management of Shoulder instability in various age groups	Dr Mahesh Krishnan
09.46 - 09.53am	Bone block procedures in shoulder instability	Dr Rajkumar Amaravati
09.54 - 10.00am	Discussions	
10.00 - 10.30am	Rotator cuff tear	
	Chairpersons - Dr Sujit Jos, Dr Nishanth Kurian, Dr Praveen	
10.01 - 10.08am	Conservative treatment for rotator cuff tear	Dr Unnikrishnan J
10.09 - 10.16am	Return to play after shoulder surgery: Optimizing rehabilitation protocols	Dr Schiller T Jos
10.17 - 10.23am	The role of arthroscopy in proximal humerus fractures	Dr Harish Chandran
10.24 - 10.30am	Discussions	
10.31 - 10.50AM	Panel discussion	Dr K N Subramanian
	Panelists - Dr Clement, Dr Deepthi Nandan Reddy, Dr Ashish Gupta, Dr K N Subramanian, Dr Ayyappan V Nair, Dr Mahesh Krishanan, Dr Harish Chandran, Dr Rajkumar Amaravathi	
10.51 - 11.22am	Complex Cases & Controversies	
	Chairpersons - Dr Prince Shanavas Khan, Dr Kuriakose Karammen, Dr Babu George	
10.51 - 10.58am	Massive Rotator Cuff Tears- Present guidelines	Dr Deepthi Nandan Reddy
10.59 - 11.06am	Revision cuff - treatment planning	Dr Sujith Mathew Issac
11.07 - 11.14am	Irreparable rotator cuff tears - newer horizons	Dr Ashish Gupta
11.15 - 11.22am	Discussions	
11.23 - 12.00pm	Video techniques	
	Chairpersons - Dr Ankit Jose, Dr Jithesh, Dr Fajish F	
11.23 - 11.27am	Knotless bankart surgery	Dr Rajeev P B
11.28 - 11.32am	Double row supraspinatus repair	Dr Jyothiprasanth
11.33 - 11.37am	Subscapularis repair	Dr Dileep S
11.38 - 11.42am	Biceps anterior cable augmentation	Dr Rajeev Raman
11.43 - 11.47am	Lower trapezius transfer	Dr K N Subramanian
11.48 - 11.52am	SLAP repair	Dr Sabin Surendran
11.53 - 12.00pm	Discussion	
12.20 - 01.45pm	PAEDIATRIC ORTHOPAEDICS	
	Session 1	
	Chairpersons - Dr Sherry Issac, Dr Dimuthu Tennakoon & Dr Joe Davis	
12.20 - 12.27pm	Guided growth The future or an overhypered past	Prof PN Gupta
12.28 - 12.35pm	Idiopathic chondrolysis of hip diagnoses and management	Dr Vrisha Madhuri
12.36 - 12.43pm	AI for Pedpods potential vs pitfalls	Dr Raman Vadivelu
12.44 - 12.51pm	Gait analysis in CP - Video	Dr Smitha Elizabeth
12.52 - 12.59pm	Limb lengthening control and precision - Video	Dr Jaideep Rawath
01.00 - 01.07pm	Relapsed CTEV in walking child	Dr Hariprem

01.08 - 01.15pm 01.16 - 01.23pm	Deformity correction in metabolic bone disease when and how Combined Discussion	Prof PN Gupta ALL Faculty
01.24 - 01.45pm	Case discussion Panelists - Dr Raman Vadivelu, Prof. PN Gupta, Dr Vrisha Madhuri, Dr Cherian Kovoov	
1.24 - 1.34pm 1.35- 1.45pm	Case based Panel discussion - Congenital Pseudarthrosis of Tibia Case based Panel discussion - Bugs and bones	Dr Dimuthu Tennakoon Dr Nicole Williams
1.45pm -2.00pm	LUNCH	
2.00 - 4.00pm	FOOT & ANKLE	
	Trauma	
	Chairpersons- Dr Dennis P Jose , Dr Nikhil Joseph Martin, Dr Abdul Gafoor	
2.00 - 2.15pm	Posterior Malleolar Fracture: How Do We Restore Balance	Mr Lyndon Mason
2.15 - 2.22pm	Complex Midfoot Injuries: Restoration Of Arch!	Dr Inderjit Singh
2.22 - 2.29pm	Diabetic Ankle Fracture: How Is It Different	Dr Kurian Alappatt
	Case Based Discussion	
2.30 - 2.39pm	Case Based Discussion: Trauma	Dr Arjun Kouloth
2.40 - 2.49pm	Case Based Discussion: Trauma	Dr Abdul Gafoor
2.50 - 3.00pm	Case Based Discussion: Deformity	Dr Siddhartha Sharma
	Sports	
	Chairpersons- Dr Rajesh Simon. Dr Balu C Babu. Dr Sreeganes K	
3.00 - 3.07pm	Chronic Ankle Instability: Current Update	Dr Abdul Gafoor
3.08 - 3.15pm	Relive Video: Ankle Scopy	Dr Rajkumar Amaravati
3.16 - 3.23pm	Relive Video: Tendoachilles Rupture	Dr Shanavas K P
	Miscellaneous	
3.32 - 3.39pm	Video: Sinus Tarsi Approach Fracture Calcaneum	Dr Inderjit Singh
3.40 - 3.47pm	My Worst Case: When Ot Becomes Battlefield!	Dr Siddhartha Sharma
3.48 - 3.55pm	Mis Angular Forefoot Deformity	Dr Ariel Palanca
3.55 - 4.00pm	Mis Zadeck For Haglund Combined Discussion	Dr Ariel Palanca All Faculty
4.00 - 5.00pm	UPPER LIMB ARTHROPLASTY Chairpersons- Dr Appu Benny Thomas, Dr Vishnu R Unnithan, Dr Nijith O Govindan	
4.00 - 4.08pm	Management of Subscapularis in Shoulder Arthroplasty	Dr Basheer A Gafoor
4.08 - 4.20pm	Debate: Management of Glenohumeral Arthritis in Young	Dr Ajay Alex & Dr Faizal Kareem
4.20 - 4.28pm	Ream and Run + Hemicap vs Total Shoulder Arthroplasty	Dr Ashish Gupta
4.28 - 4.36pm	Planning Software. Use of Guidance Technology in Arthroplasty	
4.36 - 4.44pm	Glenoid Reconstruction Options in B2 and Beyond	Dr Paul Sethi
4.45 - 5.00pm	Video: RSA in trauma: Assessing Intra operative Stability in Shoulder Arthroplasty Panel Discussion - Cases PANELIST - Dr Basheer A Gafoor, Dr Ajay Alex, Dr Ashish Gupta, Dr Paul Sethi, Dr Deepthi Nandan Reddy	Dr Deepthi Nandan Reddy Dr Vishnu R Unnithan
5.00pm - 6.00pm	Infection Session by Pro Implant Foundation -Germany Chairpersons- Dr Alex Jacob, Dr Vinay Jaison Chacko, Dr Bibu George, Dr Nithin Prabhu	
5.00pm - 5.15pm	Interdisciplinary approach to orthopedic infections	Prof. Dr Andrej Trampuz
5.15pm - 5.30pm	Surgical concepts for PJI	Dr Olga Pidgaiska
5.30pm - 5.45pm	Surgical concepts for FRI	Dr Cristina Ojeda-Thies
5.45pm - 6.00pm	Interactive case presentations and discussion	All Faculty
7.00pm	Inaugural Function & Confernce Banquet @ HALL A	

26 th October	Hall A	
8.00am - 9.00am	DR AA JOHN GOLD MEDAL PAPER PRESENTATION	
09.00am - 12.00pm	LOWER LIMB TRAUMA SESSION	
	Session 1 Chairpersons- Dr Joe Paul, Dr Tom Jose, Dr Mathew K M Puthiyidom	
9.00 - 9.09am	My Algorithm for Bifocal Femoral fractures	Dr John Mukhopadhaya
9.09 - 9.18am	Atypical Subtrochanteric fractures - Fixation strategies	Dr Yelena Bogdan

9.18 - 9.45am	Case discussion (Panel)- Complex proximal femur Fractures Panelists - Dr.Agraharam Devendra, Dr Balaji Zachariah , Dr Shibu John,Dr Varsha Nambiar	Dr John Mukhopadhaya
	Session 2 Chairpersons - Dr Azad Sait, Dr Jayakrishnan R, Dr Gayathri S Babu	
9.45 - 9.54am	Tackling the unsupportive medial column in distal femur fractures	Prof. Dr. Vivek Trikha
9.54 - 10.03am	When do I use a Nail /Plate combination?	Dr Shibu John
10.03 - 10.36am	Case discussion (Panel)- Distal femur fractures Panelists - Dr Agraharam Devendra , Prof. Dr. Vivek Trikha , Dr John Mukhopadhaya, Dr Tom Jose	Dr Tigy Thomas Jacob
	Session 3 Chairpersons - Dr Sreehari N, Dr Abhilash Gopinath, Dr Mathew Varghese	
10.36 - 10.45am	Managing slope reversal in proximal tibia fractures	
10.45 - 10.54am	Management of Posterolateral Tibia fractures	Dr Agraharam Devendra
10.54 - 11.03am	Distal Tibia - Extreme Nailing or Plate	Dr Balaji Zacharia
11.03 - 11.33am	Case discussion (Panel)- Complex Tibia fractures Panelists - Prof. Dr. Vivek Trikha , Dr Balaji Zachariah, Dr Agraharam Devendra, Dr Sreehari CK, Dr Joe Paul	Dr Shibu John
	Session 4 Chairpersons - Dr Vinay Jaison Chacko, Dr Biju M Nair	
11.33 - 11.42am	Nightmare / My favourite surgical technique	
11.42 - 11.51am	Nightmare / My favourite surgical technique	Prof. Dr. Vivek Trikha
11.51 - 12.00pm	Nightmare / My favourite surgical technique	Dr John Mukhopadhaya
12.00pm - 1.00pm	LIMB RECONSTRUCTION SESSION Chairpersons - Dr C Cheriyan Kovoor, Dr Ranjith TC, Dr Shibu John	
12.00 - 12.10	Infected gap non union distal femur	Dr Jayanth Sharma
12.11 - 12.21	Infected gap non union proximal tibia	Dr Siddhartha Sharma
12.22 -12.32	Post traumatic limb deformity	Prof PN Gupta
12.33 -12.50	Case based panel discussion	Dr Jayanth Sharma
12.51 - 1.00	VIDEO- Corticotomy for bone transport	Prof PN Gupta
1.00pm - 1.30pm	LUNCH	
1.30pm - 3.00pm	Hand Session Chairperson - Dr Binoy PS, Dr Vijay PG, . Dr Arun Ravindran	
1.30 - 1.39	Percutaneous screw fixation in Scaphoid fractures - when to do it and when not to do it.	Dr Anil K Bhat
1.40 - 1.49	Keinbocks's disease : Decision making in management	Dr Binu P Thomas
1.50 - 1.59	How not to miss wrist injuries	Dr Ajeesh Sankaran
2.00 - 2.09	My favourite surgery (Video)	Dr Manoj Haridas
2.10 - 2.19	Finger tip injuries with tissue loss - handy local flaps (Video)	Dr Thomas Angelo
2.20 - 2.29	TFCC injuries - What's new in arthroscopic surgery	Dr Philip Mathew
2.30 - 2.39	Wrist injuries - Case Discussion	Dr Anil K Bhat
2.40 - 2.49	Peripheral nerve injuries - case discussions	Dr Binu P Thomas
2.50 - 2.59	My challenging distal radius fractures	Dr Gopalakrishnan M L
3.00pm	VALEDICTORY FUNCTION @ HALL A	

26 th October	Hall B	
8.00am - 9.00am	BEST PG PAPER PRESENTATION	
09.00am - 12.00pm	LOWER LIMB ARTHROSCOPY - Session 1	
	Chairperson - Dr Sreehari CK, Dr VV George, Dr George Jacob, Dr Nijith O Govindhan	
08.30 - 08.38am	ACL Tear in Adolescent Athlete	Dr K Santosh Sahanand
08.39 - 08.47am	How to approach an ACL injury in a Varus Knee	Dr Clement Joseph
08.48 - 08.56am	Use of Biologics in ACL and meniscal injuries	Dr Jyothiprasanth
08.57 - 9.05am	MCL Repair versus Reconstruction	Dr Rajesh V
09.06 - 09.14am	Partial ACL tear in contact Athlete	Dr Rajkumar Amaravati
09.15 - 09.23am	FemoroAcetabular impingement	Dr Prasad Gourineni
09.24 - 09.32am	Rotational Osteotomies in Patella Insatbilty	Dr Alex Nicholls

09.32 - 09.36am	Combined discussion	All Faculty
	Video Session	
	Chairpersons -Dr Praveen Kumar K S, Dr Paul K Jose, Dr Shankar Sanu, Dr Dileep S	
09.40 - 09.48am	Lateral Extra articular Tenodesis How I do it	Dr Dileep Issac
09.49 - 09.57am	Trochleoplasty - My Experience	Dr K Santosh Sahanad
09.58 - 10.06am	Labral tears in Hip - How I Manage	Dr Prasad Gourineni
10.07 - 10.15am	Medial meniscus posterior root tear with extrusion - my approach	Dr Nagraj Shetty
10.16 - 10.24am	PLC Reconstruction - how I do it	Dr Harish Chandran
10.25 - 10.33am	Meniscal Ramp lesion - My repair techniques	Dr Sujay Nathan
10.34 - 10.42am	Inside out and outside in Meniscal repair - How I do it	Dr Schiller T Jos
10.43 - 10.51am	Radial Tear - Hash Tag Repair	Dr K Santosh Sahanand
10.52 - 10.59am	Combined Discssion	All Faculty
	Case Discussion	
11.00 - 11.30am	Case based Panel Discussion on Meniscus, Patella instability, cartilage injuries	Dr Clement Joseph
	Panelists Dr K Santosh Sahanand , Dr Rajkumar Amaravati, Dr Schiller T Jos , Dr Nagraj Shetty, Dr Harish Chandran	
11.30 - 12.00pm	Case based Panel Discussion on ACL, PCL Collateral Ligaments Panelists Dr Clement Joseph, Dr K Santosh Sahanand , Dr Dileep Issac, Dr Rajesh V	Dr Nagraj Shetty
12.00pm - 1.00pm	Oncology	
	Chairpersons - Dr Ebin Rahman, Dr Subin Sugath	
12.00 – 12.06pm	Radioloqical Evaluation of Bone Lesions – 'What the eye must see'	Dr Julio C Kandathil
12.07 – 12.13pm	Approach to extremity soft tissue lump – avoiding 'WHOOOPS' at all cost	Dr Suraj Hindiskere
12.14 – 12.20pm	Cystic Lesions of Bone – minimally invasive treatment options	Dr Ashik Bary
12.21 – 12.27pm	Thermal Ablation Procedures in Orthopaedic Oncology	Dr Dijoe Davis
12.28 – 12.34pm	Giant Cell Tumor of Distal Radius – What's new?	Dr Vineet J Kurisunkal
12.35 – 12.43pm	Bone Biopsy (Surgical Technique – Video)	Dr Manu Paul
12.44 – 12.52pm	Intralesional Extended Curettage in GCT (Surgical Technique - Video)	Dr Yogesh Panchwag
12.53 - 01.00pm	Combined Discussion	
1.00PM - 1.30PM	LUNCH	
1.30PM - 3.00PM	Spine Session	
	Chairpersons - Dr Jim F Vellara. Dr Krishnakumar R. Dr Renjith K R	
	Topic Discussions	
1.30 - 1.37pm	Evaluation and management of a metastatic spinal lesion	Dr G Sudhir
1.38 - 1.45pm	Robotic Spine Surgery	Dr Jacob Oh
1.46 - 1.53pm	Transcambin surgery - OLLIF	Dr Ranjith Unnikrishnan
1.54 - 2.01pm	Thoracolumbar Fractures - When to Operate?	Dr Ashok Ramakrishnan
2.01 - 2.06pm	Combined Discussion	
	Case based Panel discussion	
2.07 - 2.17pm	Case 1- A case of recurrent disc prolapse	Dr G Sudhir
2.18 - 2.28pm	Case 2- A case of moderate spinal curve in14 years old girl	Dr Ashok Ramakrishnan
	Video session	
2.29 - 2.34pm	Video - UBE Discectomy	Dr Ranjith Unnikrishnan
2.35 - 2.40pm	Video - LIF using OLIF Cage	Dr G Sudhir
2.41 - 2.46pm	Combined Discussion	
	My Worst Complication	
2.47 - 2.51pm	Case 1 - My Worst Complication	Dr Ashok Ramakrishnan
2.52 - 2.56pm	Case 2 - My Worst Complication	Dr Ranjith Unnikrishnan
2.56 - 03.00pm	Discussion	
3.00pm	VALEDICTORY FUNCTION @ HALL A	

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